

## WHO WE ARE

Community Pathways to Family Health and Recovery (CPFHR) is an all-volunteer, non-profit organization dedicated to improving our community's support for families impacted by adverse events with a special focus on families affected by substance abuse and addiction. Members include professionals from medicine, psychiatry, nursing, social work and counseling as well as concerned community members and those who have been directly affected by family addiction.

## OUR MISSION

Create and sustain compassionate community pathways to family health and recovery by cultivating dynamic partnerships, conducting relevant research, developing and evaluating resources, and advocating for data-driven policies and education.



**We Invite You  
to Join Us  
on This Journey!**

Please email us for additional information  
about how you can help

[CommunityPathways2020@gmail.com](mailto:CommunityPathways2020@gmail.com)

**Community  
Pathways to  
Family  
Health & Recovery**



**Inspiring Hope,  
Healing & Health  
in all Families**

## WE PROPOSE TO:

- Compassionately advocate for all victims of substance abuse and adversity, particularly children and their caregivers
- Understand and needs, identify resources, and target interventions for these families
- Work with providers, families and caregivers to fulfill needs and navigate services
- Encourage treatment professionals, organizations, and institutions to apply all facets of knowledge and experience to optimize hope, resilience, and recovery in families
- Foster public awareness and education, reduce stigma, and minimize harm from substance use disorder and associated mental illness
- Support and develop community-based research to provide evidence-based strategies to assist families



## THE PROBLEM

Substance abuse devastates families often causing hopelessness, shame, isolation and fear.

*Children are especially vulnerable*

Caregivers for these children face financial, legal, housing and medical challenges.



*Sadly, families and caregivers often struggle alone...*

## DID YOU KNOW?

- The 8.7 million children being raised in a home with a parent affected by substance abuse are at increased risk for developmental, emotional, behavioral and academic problems
- Children raised in home with substance abuse have a 3-4 times higher risk of abusing substances themselves.
- Substance abuse disrupts fundamental aspects of family function and is associated with other adverse events including divorce, domestic violence, mental illness and incarceration.
- Studies suggest that professionals involved with families affected by substance abuse or drug addiction vary widely in their awareness and understanding of the needs of affected children and caregivers.
- Resources for children and caregivers are limited and generally insufficient.

